

## Athletics Badge

Name: \_\_\_\_\_

Total Points (from 4 best):\_\_\_\_\_ Stage Gained: 1 2 3

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<b>ACTIVITY</b>	<b>3 POINTS</b>	<b>2 POINTS</b>	<b>1 POINT</b>
50m Sprint	9 seconds	10 seconds	11 seconds
Cricket Ball	25 metres (82')	22 metres (72')	18 metres (60')
Sargent Jump	35cm (14")	30cm (12")	25cm (10")
Shuttle Run	18 seconds	19 seconds	20 seconds
Skipping (50m)	12 seconds	13 seconds	14 seconds
1,000 metres run	5 minutes	6 minutes	10 minutes

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